

5 Ways to Protect Yourself & Others from COVID-19



1

Wash your hands often



2

Stay at least 6 feet from other people



3

Cover your mouth & nose with a cloth face cover when around others



4

Cover coughs and sneezes



5

Clean and disinfect



**ALLIANCE FOR A HEALTHIER
SOUTH CAROLINA**
CONVENE. CONNECT. CATALYZE.

Guidance provided by CDC as of May 4, 2020.
For more information visit the [CDC website](#).